"To improve the lives of our employees and their families and to help fight the production of disease so the next generation may live healthier, happier and more productively"

## Woodbury County Health Insurance Committee Meeting AGENDA

March 21, 2017 2:30 pm

Old Board Room Woodbury County Courthouse

- I. Call the meeting to Order
- II. Health Insurance Fund Updates
  - Information regarding the percentage increase in health insurance funding for fiscal year 17/18.....Jeremy Taylor
  - Claims and trends information regarding Woodbury County's health insurance account activity for the previous quarter.....Ed Gilliland
  - Comparable of the reserves for the health insurance fund for the previous 3 years....Ed Gilliland
  - Information regarding the changes in our Health Plan as of 01/01/17.....Ed Gilliland
- III. Disease Management
  - Information regarding the Disease Management Program through Wellmark, which assists employees and how to enroll .....Ed Gilliland
- IV. Mercy Business
  - Update regarding 2016 Wellness Blood Draws including the participation, trends and results
  - Discussion regarding the possibility of offering optional blood draws for the entire family and the impact on our health plan
  - EAP discussion regarding the need for a local EAP provider and information about our current provider.....Deb Twyford and Devon Gurnett
- V. Naturally Slim
  - A simple online program that uses informative videos and learning tools to teach you how to lose weight and improve your health....Melissa Thomas
- VI. The recommendation for purchasing sit-stand equipment for approximately 75 employees at a cost of \$30,000 from our Health Fund is on the table....Jeremy Taylor
- VI. Questions
- VII. Adjournment