

## Woodbury County Health Insurance Committee Meeting

### Minutes

September 18, 2018 at 3:00 p.m.

LEC Conference Room

Members of the Woodbury County Health Insurance Committee Meeting present were:

**Matthew Ung**, County Supervisor; **Melissa Thomas**, HR Director; **Jamie Amick**, Secondary Roads; **Deb Twyford**, Mercy Business Health; **Ryan Chytka**, Building Services; **Michelle Skaff**, Auditor; **Kevin Grieme**, SDHD; **Karla Fergen**, Human Resources

- I. The meeting was called to order at 3:00 p.m.
- II. Health Fund Update
  - Melissa Thomas reports that 1st quarter and 2<sup>nd</sup> quarter are within about \$100,000 of each other. At the end of this month, there will be approximately 2.9 million in the fund.
- III. Four Seasons Partnership
  - Melissa Thomas is very excited about the partnership with Four Seasons Health Club. An Informational pamphlet was handed to all. Great pricing for employees and family.
  - Will look into payroll deduction. If able to get payroll deduction set up, it would be for employee membership only. Employee will be responsible for additional members.
  - Four Seasons will track visits and send to Mercy to use for Wellness points. Will get a list of the point system to inform employees of their options.
  - Once a member of Four Seasons, if employee leaves they will have to wait until open enrollment to rejoin.
  - Board action will be needed.
- IV. Upcoming Wellness Screening – Deb Twyford
  - Blood draws will begin in November. The results will be available 2 weeks later.
  - Deb Twyford asked for suggestions about group presentation for Merville/Correctionville to use instead of Wellness visit.
- V. Fall Wellness Events
  - Melissa Thomas asked if the Supervisors would help serve lunch at the Health Fair.
  - Matt Ring with Nationwide and Profile will be at the Health Fair.
  - Flu shots were discussed.
- VI. Questions
  - Smoking cessation program possibilities discussed.
  - Kevin Grieme discussed medical marijuana coming to Sioux City.
- VII. Meeting adjourned at 3:45 p.m.