

## Woodbury County Health Insurance Committee Meeting

### Minutes

September 17, 2019 at 3:00 p.m.

LEC Conference Room

Members of the Woodbury County Health Insurance Committee Meeting present were:

**Matthew Ung**, County Supervisor; **Melissa Thomas**, HR Director; **Todd Wieck**, Sheriff's Office; **Kevin Grieme**, District Health; **Michael Clayton**, Treasurer; **Deb Twyford**, Mercy Business Health; **Ryan Chytka**, Building Services; **Cathy Warner**, Attorney Administration; **Michelle Skaff**, Auditor; **Karen James**, Board Administrative Assistant; **Karla Fergen**, Human Resources

- I. The meeting was called to order at 3:00 p.m.
- II. Health Plan Update/New Information Regarding Life Insurance – Melissa Thomas
  - Handouts were given and reviewed by Melissa. (Wellmark – 2-Year Diagnosis Category Report Test, Account Monthly Summary, Claims History Breakdown & Adjustments and Projecting Your Future Claims)
  - Health Plan was discussed. Stop loss was explained. The cost per employee is \$64.91 currently and is going up to \$77.57 next year.
  - Changing to a new life insurance carrier, The Standard. Handouts given. (Group Short-Term Disability Insurance, Group Long-Term Disability Insurance, Group Basic Life and Accidental Death and Dismemberment Insurance and Group Additional Life Insurance)
- III. Flu Shot Update/Wellness Blood Draw Update – Deb Twyford
  - Handouts given regarding WC Comprehensive Wellness Program 2019-2020, Wellness Program – 2019-2020 Point System and On-Site/Wellness Calendar Oct-Nov-Dec 2019.
  - Flu shots to be done at the Health Fair from 10 a.m. to 2 p.m. Discussed if getting the flu shot would count towards (100 pts) a quarterly wellness visit. It was decided that it could be used towards first quarter (January 2020) after the biometric screening. Referenced the point system in the Wellness Program handout.
  - Discussed letting an annual physical with blood draw be allowed in lieu of the county blood draw. Deb will create a form for age appropriate testing that can be taken to the employee/spouse's provider to sign. There will be no aggregate data with this type of provider visit. Deb will try and have this done by the Health Fair so that it can be explained to employees.
  - Discussed receiving report card via email or hard copy. It was decided that we would do hard copy, can change back if needed for next year.
- IV. Health Fair Update – Karla Fergen
  - Shared the details regarding the Health Fair. It is Wednesday, September 25, 2019 from 10 a.m. to 2 p.m. with lunch being served from 11 a.m. to 1 p.m. The menu will be taverns, pulled pork, white or wheat buns, fruit and veggie trays, baked chips, chips with salsa. There will be approximately 20 vendors with 4 of them being new - The Standard, Eat-Fit-Go, Volunteer Siouxland and PACE.
- V. Questions
  - Deb mentioned a new test that will be available soon, genetic testing. She will have more information at a later date.
- VI. Meeting adjourned at 3:42 p.m.