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EFR EMPLOYEE & FAMILY RESOURCES

**CONTRACTUAL AGREEMENT
FOR
EMPLOYEE ASSISTANCE PROGRAM
EAP Core 6**

THIS AGREEMENT for Employee Assistance Program (EAP) Services (hereafter "Agreement") is made by and between **Woodbury County, Iowa** (hereafter "Company") and **Employee & Family Resources, Inc.** (hereafter "EFR").

FOR CONSIDERATION of the mutual promises and covenants contained in this Agreement, Company and EFR agree as follows:

1. **General.** The purpose of this Agreement is to provide a company sponsored benefit that helps employees prevent or manage personal problems that can negatively impact their quality of life and workplace productivity. Company seeks to: 1) promote the health and wellbeing of its workforce; 2) retain valued employees; and 3) maintain a productive and efficient work environment.
2. **Covered Persons.** Unless otherwise stated, services provided by EFR pursuant to this Agreement are limited to Company employees and their family members (collectively "Covered Persons"). For purposes of this Agreement, "family member" means a person who is related to the employee by marriage: spouse, (including significant other cohabitant), blood, or adoption and who either lives with the employee or is a minor subject to the employee's legal custody.
3. **Term.** This Agreement shall be effective on **October 1, 2025** (hereafter "Effective Date") and shall remain in effect until **September 30, 2026**. Thereafter, it shall be renewed for successive one-year periods unless either party gives a written termination notice to the other party at least thirty (30) days prior to the anniversary of the Effective Date.
4. **Compensation and Payment.** EFR shall be paid in advance, at the following applicable rates:

EAP services for Covered Persons: \$26.25 per employee, per year.

- A. **Census confirmation.** Company confirms the first-year census of **489 employees**. Company agrees to provide the most current census annually sixty (60) days prior to the anniversary date and, upon request, agrees to provide EFR-approved documentation (e.g. current payroll report) to substantiate Company census.
- B. **Rate guarantee.** Rate is guaranteed for the duration of this initial Agreement term and in one-year increments thereafter.
- C. **Rate changes.** If there is a change in any of the applicable Annual Rates after the initial Agreement term, EFR shall give written notice to the Company at least thirty (30) days prior to the change.

5. Manner of Payment of Service Fee. EFR shall be paid the Service Fee, in advance, on an annual basis as agreed upon by Company and EFR.

6. Services Provided. EFR agrees to provide the following services to Covered Persons at no charge to the Covered Persons:

A. Program / Benefit Orientation / Training and Materials.

- a. **Employee and Manager Orientation.** Employee and manager orientation sessions to explain effective use of the benefit will be delivered in-person or via live and recorded webinars, PowerPoint presentations, or teleconference sessions.
- b. **Promotional Materials.** Information, materials and templates describing and promoting EFR services, including, but not necessarily limited to: posters, wallet cards, and brochures.
- c. **Monthly Newsletters.** Employee newsletter, "Life Happens" and a quarterly management newsletter "Workplace Solutions" with topical articles and information will be delivered electronically on a monthly/quarterly basis to the designated Company person(s) for distribution.

B. 24-Hour, 365 Day Nationwide Telephone Service. Access for Covered Persons to an EFR counselor via EFR's toll-free telephone number twenty-four (24) hours a day, seven (7) days a week.

C. In-Person or Virtual Assessment, Referral and Short-term Counseling. Up to six (6) sessions of in-person or virtual assessment, referral and/or short-term counseling sessions to be provided at no charge to the Covered Persons in a rolling calendar year. When clinically appropriate, additional sessions may be authorized.

D. Telephonic Life Coaching and First Responder Coaching Sessions. A covered person is eligible for up to six (6) coaching sessions per contract year for issues such as improving time and/or stress management skills, work-life integration and personal growth. Health related topics and smoking cessation services are specifically excluded from life coaching.

E. Work/Life Services. For each separate issue, consultations include:

- a. Telephonic or in-person legal consultation with an EFR network attorney
- b. Telephonic financial consultation with an EFR network financial provider
- c. Telephonic eldercare resource referral with an EFR network eldercare provider
- d. Telephonic childcare resource referral with an EFR network childcare provider
- e. Telephonic ID theft resolution with an EFR network ID theft resolution counselor

F. Togetherall. An anonymous, online peer-to-peer mental health community that is monitored and moderated 24/7 by licensed and registered mental health practitioners. Range of self-help resources including self-paced courses; assessments, journaling tool, articles, etc.

- G. **EAP Website Access.** All Covered Persons have access to EFR's EAP website resources (www.efr.org).
 - H. **Management Consultation.** On-going telephonic consultation with Company managers, supervisors, and human resources staff regarding intervention with troubled employees, crisis response, and the management referral process.
 - I. **Crisis Response Services.** Upon the request of Company managers, EFR will provide on-site group debriefings in the event of critical incidents that impact the workplace, including employee or family deaths, serious injuries, natural disasters, workplace changes, or similar traumatic events.
 - J. **Monthly Motivators/Quarterly Campaigns.** EFR will provide, in electronic format, Monthly Motivators and Quarterly campaigns.
 - K. **Culture Audit.** Assessment tool identifying company's needs and providing strategy to advance culture of wellness in the workplace.
7. **Professional Qualifications of Staff.** All assessment counselors, including affiliate providers, shall hold a Master's degree in a human service field, including but not limited to social work, mental health counseling, psychology, or marriage and family counseling. Special circumstances (e.g., geographical limitations) may at times warrant the use of staff that hold a Bachelor's degree and not a Master's degree; all such situations shall be carefully evaluated and the decision to proceed made with the client's best interest in mind. All providers shall be degreed and hold appropriate licensure and certification in their field of health, nutrition, coaching, mental health counseling, law or finance.
8. **Assessment, Referral, and Short-Term Counseling.** The assessment, referral and/or short-term counseling service referred to in Paragraph 6 is limited to:
- a. Necessary consultation required to assess the probable cause of perceived difficulties
 - b. Referral to professional service(s) qualified to provide treatment or long-term counseling for the probable cause identified
 - c. Short-term counseling in such cases where EFR staff is professionally qualified, and referral for long-term counseling is not clinically indicated
 - d. Follow-up for Covered Persons who use these services

Company acknowledges that EFR identifies the probable cause of perceived difficulties and provides referral and/or short-term counseling services. EFR does not provide actual care or long-term treatment under this Agreement. If care or treatment is required, the individual Covered Person will be responsible for obtaining and paying for such care and treatment. Although EFR will refer Covered Persons to professional services deemed appropriate by EFR, EFR in no way warrants the effectiveness of any such care or treatment and shall have no liability whatsoever with respect to any such care or treatment.

9. **Additional Workplace Services.** In addition to those specific services referred to in Paragraph 6 above, the Company may agree to contract with EFR for additional services as shall be made available by EFR. These services and the corresponding Service Fee for these services will be requested and approved by Company in advance. This could include onsite workplace trainings, mediation services, and leadership coaching.

- 10. Maximum Number of Sessions.** The maximum number of in-person counseling sessions that Covered Persons may receive for each separate cause of difficulties (hereafter "Maximum Number"), and not for each separate consequence arising from the same cause, is shown in Paragraph 6. The Maximum Number of sessions applies to each cause of difficulties and not each family member. Thus, each Covered Person within the same family may not receive the Maximum Number of sessions for each cause of difficulties. Instead, all Covered Persons within the same family together may receive the Maximum Number of sessions for each separate cause of difficulties. The number of sessions actually provided may be less than the Maximum Number if EFR determines in its sole discretion that the Covered Persons' needs for a particular cause of difficulties have been satisfied by fewer or there is an immediate need for referral to a different program or service.
- 11. Records and Reports.** EFR will maintain, and will require its agents to maintain, appropriate records regarding the services contemplated by this Agreement. Clinical records shall be maintained according to acceptable standards, including case notes on each case, protection from unauthorized access, and informed written consent required prior to release of records except as otherwise permitted under applicable State or Federal law. EFR shall provide Company annual statistical reports summarizing usage of EAP services. These reports are subject to the confidentiality provisions of Paragraph 13 below and will not list the names of persons using EAP services.
- 12. Independent Contractor Status.** The parties to this Agreement intend that the relationship created by this Agreement is that of an independent contractor. No agent or employee of EFR shall be deemed to be an employee or agent of Company. The provisions of this Agreement shall not be deemed to create any partnership, joint venture, or agency relationship between the parties. Neither party has any power or authority to act on behalf of, represent, or bind the other party, except as specifically set forth in this Agreement.
- 13. Confidentiality.** The parties understand and agree that the counselor-client relationships entered into as a result of this Agreement (including, without limitation, any evaluation, referral, and case management) are to be strictly confidential in accordance with all applicable Federal and State laws, including but not limited to the Health Insurance Portability and Accountability Act of 1996, as amended, and the rules and regulations promulgated thereunder. Company shall not request from EFR any information that would violate a Covered Person's constitutional rights, right of privacy of any counselor-client relationship, nor shall EFR give any confidential information to Company, its employees or agents or any third party without the express written approval of the Covered Person involved.
- 14. Insurance and Mutual Indemnification.** EFR agrees to maintain commercially reasonable liability insurance coverage. EFR shall indemnify and hold Company harmless for any claims that arise from any acts and omissions of EFR under the terms of this Agreement. Company shall indemnify and hold EFR harmless for any claims not directly related to the provision of professional services as herein described, and shall notify EFR immediately upon receipt of any claim or demand which it receives allegedly related to any act or omission of EFR under the terms of this Agreement. Under no circumstances shall settlement be made without prior written approval of EFR.

- 15. Subcontractors.** EFR shall use commercially reasonable efforts to assure itself that any subcontractor engaged by EFR to perform any services pursuant to this Agreement shall adhere to all of the terms of this Agreement, including, without limitation, Paragraphs 13, 14, and 15.
- 16. Default by EFR.** If EFR fails to perform its obligations under the terms of this Agreement and such failure continues for a period of thirty (30) days after Company gives EFR a written notice stating the manner in which EFR is in non-compliance with this Agreement, Company may terminate this Agreement effective immediately by giving written notice to EFR, which shall be Company's sole remedy in the event of non-performance by EFR. If EFR is unable to perform its obligations under the terms of this Agreement due to acts of God, strike, war, or other similar reasons beyond EFR's control, then EFR's time for performance shall automatically be extended for the same period of time EFR was unable to perform due to the reason beyond EFR's control.
- 17. Non-Payment of Service Fee.** If Company fails to timely pay the Service Fee to EFR, EFR may terminate this Agreement effective immediately by giving written notice to Company or may pursue any other remedy available at law or in equity or by statute. In the event EFR pursues legal action to collect all or any portion of the Service Fee, EFR shall be entitled to recover its collection costs, including, but not limited to, reasonable attorneys' fees.
- 18. Governing Law.** The construction, interpretation and performance of this Agreement shall be governed by the laws of the State of Iowa.
- 19. Notices.** Any notice required or permitted by this Agreement must be given in writing and shall be deemed given and received, if sent by United States Mail, with postage prepaid and addressed to the recipient party at the address set forth in this Agreement, three business days after deposited in the United States Mail. Either party may change its address by giving written notice in accordance with this paragraph.
- 20. Entire Agreement.** This Agreement embodies the entire understanding between the parties with respect to the provision of EAP services, and supersedes and replaces all prior agreements, understandings, representations, and statements pertaining to this Agreement.
- 21. Modification.** This Agreement may not be modified except by a written instrument signed by the party against whom enforcement of the modification is sought, and then only to the extent set forth in such written instrument.
- 22. Binding Effect.** This Agreement shall be binding upon, and shall inure to the benefit of, the parties hereto and their respective successors and assigns.
- 23. Headings.** The paragraph headings in this Agreement are for convenience only and shall not be used to limit or otherwise construe the provisions of this Agreement.

WOODBURY COUNTY, IOWA
620 Douglas Street, Suite 701
Sioux City, IA 51101

EMPLOYEE & FAMILY
RESOURCES, INC.
505 5th Avenue, Suite 600
Des Moines, IA 50309

Daniel A. Bittinger II
(signature)

Teresa Belden
(signature)

Daniel A. Bittinger II
(printed name)

Teresa Belden
(printed name)

Chairperson, Woodbury County Superior
(title)

WPS Employer Services Manager
(title)

9/09/2025
(date)

9/02/2025
(date)