

WOODBURY COUNTY BOARD OF SUPERVISORS AGENDA ITEM(S) REQUEST FORM

Date: 08/25/2023 Weekly Agenda Date: 09/05/2023

ELECTED OFFICIAL / DEPARTMENT HEAD / CITIZEN: Melissa Thomas HR Director

WORDING FOR AGENDA ITEM:

Approval to provide wellness screenings and continued quarterly individual health coaching to eligible Woodbury County employees

ACTION REQUIRED:

Approve Ordinance

Approve Resolution

Approve Motion

Public Hearing

Other: Informational

Attachments

EXECUTIVE SUMMARY:

Wellness screenings will include 4 different types of tests: Wellness Blood Profile, PSA, TSH and AC1. Also included are health coaching, other educational programs and quarterly testing.

BACKGROUND:

Woodbury County has provided these screenings and other health services for eligible employees and spouses since 2014. The program has been successful with employees overall wellness and we continue to make improvements to fit our employees needs and make it more convenient to participate.

FINANCIAL IMPACT:

Please see attached schedule. Last year approximately 256 employees and spouses participated in the wellness program at a cost of \$43,312.00. This year the prices for services have risen 5%. We are offsetting this by reducing the number of coaching hours for the distribution of the results.

IF THERE IS A CONTRACT INVOLVED IN THE AGENDA ITEM, HAS THE CONTRACT BEEN SUBMITTED AT LEAST ONE WEEK PRIOR AND ANSWERED WITH A REVIEW BY THE COUNTY ATTORNEY'S OFFICE?

Yes No

RECOMMENDATION:

Approve the wellness screenings and quarterly health coaching.

ACTION REQUIRED / PROPOSED MOTION:

Motion to approve the employee wellness screenings and quarterly health coaching.

Melissa Thomas

From: Khristy Spaeth <Khristy.Spaeth@mercyhealth.com>
Sent: Thursday, August 24, 2023 4:02 PM
To: Melissa Thomas
Subject: Wellness

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Hello,

We would like to extend a discount on your laboratory elements of your wellness screenings this year as a valued and continued business partner. We had increased our pricing this year at a rate of 10%, which would equal roughly a \$20 increase for each laboratory profile you provide your employees. We will extend a 5% discount on all laboratory testing which equals roughly a \$10 decrease from this annual increase.

Here is an overview of the labs and pricing you have expressed interest in offering your employees:

Wellness profile Current pricing \$55.00, last year \$47.00, discount \$52.25
HgbA1C Current pricing \$30.00, last year \$27.00, discount \$28.50
TSH Current pricing \$39.00, last year \$35.00, discount \$37.00
PSA (age appropriate male employees only) \$39.00, last year \$35.00, discount \$37.00
Vitamin D not offered last year Current pricing \$44.00 discount \$42.00 - *this is optional with employee pay.*

Please reach out with any questions.

Best,

Khristy Spaeth, MBA, MHA
Senior Practice Manager

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