Is there documented citizenship support for the project? Please upload supporting documentation.

Overwhelming citizen and community support for the renovations to the Transitional Therapeutic Home (TTH) is evidenced through 6 key categories:

- 1) Letters of Support provided by local community health, education, faith, safety, and human service providers and entities. A total of 16 letters are provided as attachments with this application, including those listed below:
 - a. Briar Cliff University Dr. Matthew J. Draud, President
 - b. Morningside University Dr. Albert Mosley, President
 - c. PLaN Architecture Nathan Kalaher, President
 - d. Reframed Counseling Kait Wilson, Founder
 - e. Restoration Church Pastor Johnny Helton
 - f. Security National Bank Jeremy Craighead, President
 - g. Sioux City Fire Rescue Ryan Collins, Fire Chief
 - h. Sioux City Police Department Rex Mueller, Chief
 - i. Sioux City Community School District Dr. Rod Earleywine, Superintendent of Schools
 - j. Siouxland Coalition to End Homelessness, Frank Tenuta, Board Chair
 - k. Siouxland Mental Health Center Sheila Martin, CEO
 - 1. Sky Ranch Behavioral Services Anna Bertrand, MSE, tLMHC, Executive Director
 - m. Sunnybrook Community Church, Amanda Brophy, Missions/Spiritual Formation Director
 - n. Teaching Family Association Michele Boguslofski, Executive Director
 - o. United Way of Siouxland Heather Hennings, Executive Director
 - p. Woodbury County Sheriff Chad Sheehan, Sheriff
- 2) Letter of Support by the Iowa Department of Health and Human Services (DHHS). DHHS currently contracts with Crittenton Center for 25 beds at TTH.
- 3) Children and youth currently living at the Transitional Therapeutic Home completed "My Dream Home" drawings/narrative.
- 4) A previous resident of the Transitional Therapeutic Home currently living in Crittenton Center's Supervised Apartment Living wrote a letter recommending improvements to the facility.
- 5) As an innovative strategy to evidence the need and support for the renovations, on March 11, 2025 Crittenton Center placed photos of the children's "My Dream Home" on Facebook, announcing Crittenton Center's intent to apply for CDBG funding. This post received over 11,000 views and was shared 110 times as of March 21, 2025.
- 6) Voice of Youth and Staff, completed in January 2023, is included as an attachment, evidencing the involvement of the youth receiving services and staff providing services at the Transitional Therapeutic Home.

Crittenton Center – CDBG Narrative Attachment

As referenced in the application, the following attachment provides additional information on several key areas that further identify the need for the project, the design of the remodel, community assessments and strategic planning, the organization that will be operating the facility (Crittenton Center), and additional data on project beneficiaries.

Describe the need for the project, including the existing conditions and problems that will be resolved.

Statement of Need: The narrative below provides additional information beyond that previously presented as it relates to the needs faced by children and youth involved in the child welfare system, particularly those at an increased risk of homelessness. As noted, more than 51% of children served by this project will be from outside of Sioux City.

Information from Iowa Health and Human Services (HHS) has raised awareness in Iowa regarding trauma and adverse childhood experiences (ACEs) and provides a framework for further understanding the need for specialized services for youth in our care. The impact of trauma associated with adverse childhood experiences can increase the risk for severe or persistent behavioral and physical health problems well into adulthood.

In the most recent National Youth Transition Database (NYTD) survey of 21-year-olds, 27% of Iowa youth reported having been homeless in the previous two years. This is slightly lower than the overall national level of 29% of reported homelessness among former foster youth in 2018 (National Youth in Transition Database).

Four main summaries in an article, *The Intersection Between Youth Homelessness and Human Trafficking*, dated April 13, 2021, states "youth experiencing homelessness are more vulnerable to trafficking than others and interviews with these youth illustrate some common themes:

- Lack of basic needs, such as not having a safe place to sleep at night, often play a role in their trafficking experiences.
- Early trauma, such as homelessness and exploitation begin early, often well before age 18.
- Youth who have been in foster care also experience trafficking at higher rates than other youth experiencing homelessness.
- Youth experiencing homelessness who have also been victims of sex trafficking are more likely to have mental health and substance use issues, to have experienced physical and emotional abuse by parents or guardians, and to have a history of sexual abuse."

A common mantra of Crittenton Center is *Better Care for Today's Youth Means Better Outcomes for Tomorrow's Adults*. We believe that caring for children is a long-term investment into the most important foundation...their lives! Building up for success means more than what kind of job you can get or how much money you can make. It means learning to love, having self-worth, wanting to take risks and adventure, finding joy in everything, and knowing it's okay to make mistakes. We celebrate accomplishments, cheer on their journeys, and embrace them when they need love.

As community need for services for homeless youth and youth at-risk for homelessness continue to escalate, the capacity to meet these demands is hindered by lack of appropriate space to provide trauma-informed services to address the living, learning, social, and emotional needs of the youth in our care.

Preliminary Design Remodel

The current facility located at 3901 Green Ave in Sioux City, Iowa was originally designed as a nursing home. It consists of approximately 17,000 square feet with an entryway/lobby, front offices, a visitation room, two wings with bedrooms along each side, two (one-person) shower rooms, a kitchen, two living areas, and several additional rooms/offices that have served various purposes throughout the years. Due to space constraints and the need to provide case management, education, and therapy services on-site, several bedrooms are currently utilized as offices. A floor plan of the existing facility is attached.

The preliminary design for the proposed project includes:

- Installation of a 968 sq. ft. ten-person **shower room and restroom** where children can have private (through sturdy partitions) showers and dressing areas within one larger room where staff can monitor the usage but allow full privacy for the children. This multi-purpose shower room will be accessible and will feature fixtures that are industrial in strength but visually appealing for children not to feel like they are in an institution. This also includes ADA compliant restrooms for children.
- New flooring will be installed throughout the building as currently there are multiple flooring materials being used such as tile, carpet, linoleum, and cement. Flooring will assist youth and employees with mobility issues, ensuring safety when using wheelchairs, walkers, or crutches. Flooring will be visually appealing to promote a sense of home. LVT will be the chosen product as it is highly durable, easy to replace and comes in varying styles and colors.
- Replacing the **6 exterior doors at TTH**, a critical safety measure. The current doors are timeworn (most are between 40-50 years old), and with enough force, can be easily shoved and/or kicked in in a volatile situation. This poses a safety risk for youth being served, both from outside individuals as well as from a volatile situation with one of their

Crittenton Center – CDBG Narrative Attachment May 2025 Page 2 of 10

peers. By replacing the existing doors with commercial grade steel doors and frames that are fire rated, the immediate physical safety of youth being served would be improved, as well as their emotional safety, knowing that those who might pose a risk to them can be excluded from their space(s).

- While Crittenton Center's TTH has some exterior lighting, the project includes **increasing security lighting,** as well as expanding the lit area. Improved nighttime visibility will improve staff ability to monitor the property for external threats, see if/when a child may be eloping, and make the existing security cameras more functional for these purposes as well. It can also discourage potential intruders and those who may intend to cause harm, as it makes it more likely that suspicious activity will be seen and/or recorded on security cameras.
- Crittenton Center's shelter is located on a 4.29 acre property, boarded on the north by roads and on the east and west by residential and faith-based buildings. As there is not currently any fencing around the property, the preliminary project includes putting **fencing** around the perimeter of entire property (1,615 feet of fencing). Secure fencing can deter youth from leaving the property unsupervised, a particular risk for children with a history of impulsivity and/or elopement. At minimum, it can delay elopement, providing additional time for staff to engage the youth. Fencing also creates a clear boundary, deterring unauthorized individuals from entering the property. A front "gate" at the south side of the property could be monitored by video cameras, while also clearly identify the property and be designed in such a way that it is welcoming for youth entering the facility.
- The project will include updates to the **kitchen** on-site at the shelter. The current facility is significantly dated and in need of repair. Crittenton Center prepares meals and snacks for up to twenty-five children three times a day, seven days a week. Additionally, the kitchen is utilized for teaching children and youth essential life skills such as cooking, cleaning, and meal-planning.
- Finally, the project will include **exterior upgrades** to the facility. Originally a nursing home from the 1970s, the exterior design is dated and unwelcoming for children and youth, many of whom arrive at the shelter anxious, lonely, and afraid as they have been separated from their family. Exterior upgrades would include trauma-informed design elements, to be both healing and empowering for the children and youth, that will benefit from a welcoming facility for years to come.

Continued on the following page.

Describe any community assessments, surveys, or formal studies that identify the proposed project as a need for the community. Be sure to upload relevant portions to document support for the project

The narrative below provides additional information on the Strategic Planning and community assessments conducted that identified the proposed project as a need for the community.

Strategic Planning: In February 2022, Crittenton Center engaged in an inclusive long-term strategic planning process, and since then annually conducts short-term planning, in support of our mission. The *purpose* and design of the strategic planning process is to establish the future strategic direction for Crittenton Center, supporting inclusive management-directed, organization-wide, long-term planning every four years.

The Key Objectives of the Strategic Planning process are:

- a. Review mission, values, mandates, and strategic direction.
- b. Review demographics of service population and community.
- c. Conduct assessment of strengths and weaknesses, including the review of community needs assessments conducted other agencies/entities.
- d. Establish measurable goals and objectives that support the fulfillment of agency mission and mandated responsibilities.
- e. Adopt strategies for meeting identified goals, including the need to redirect, eliminate, or expand services to respond to changing demographics and the needs of persons served; and
- f. Define the process for implementation of an annual plan, to operationalize the goals and objectives of the long-term plan in response to conditions and needs such as resource allocation, funding, regulatory changes, community needs, and unforeseen circumstances.

The following community opportunity and needs assessment documents are provided as attachments to this application: a) Crittenton Center Strategic Planning – At-A-Glance; b) Crittenton Center Community Perception Survey 2024 – Summary of Results; c) Crittenton Center: Strengths, Weaknesses, Opportunities, Threats (SWOT) Analysis 2024.

Captured within this four-year Strategic Plan were goals and objectives to increase and expand physical facilities for both the Transitional Therapeutic Home (TTH) and Supervised Apartment Living (SAL) programs.

Crittenton Center has an extensive Performance and Quality Improvement (PQI) Plan and Process, whereas key leaders and managers meet on a quarterly basis to review annual Strategic Plan Action Plans and established key agency indicators including but not limited to numbers served, demographics, referral and discharge, critical incidents, workforce and personnel, finance/budget, and community needs.

Crittenton Center – CDBG Narrative Attachment May 2025 Page 4 of 10

Re-envisioning Process: The process of re-envisioning programs and services included the following key community needs assessment strategies:

- (1) Review of agency data and information revealed an increase in the number of youth served each year with TTH, increasing from 99 (2020) to 120 (2024);
- (2) Review of demographic data revealed emerging trends including an increase in the proportion of youth at TTH who are under age 14, from 34% in 2022 to 53% so far in 2025, and an increase in the average length of stay from 76 days to 118 days in the same period, which necessitated the need to rethink facility redesign;
- (3) Review of past and emerging research regarding evidence-based programs and best practices to guide facility redesign that is conducive to addressing youth trauma and providing youth with protective factors supporting resiliency and giving them the skills and tools to thrive for both the short and long-term;
- (4) Leadership doing research on and visiting other residential programs within Iowa and across the nation, securing information on evidence-based and best practices, including Teaching Families Model (TFM), Attachment, Regulation, and Competency (ARC), Motivational Interviewing, Cognitive Behavioral Therapy, Trauma-Focused Cognitive Behavioral Therapy, Mindfulness Cognitive Behavioral Therapy, Therapeutic Supervised Visitation, Dialectical Behavioral Therapy, and Play Therapy; examining facility design elements to support safety, healing, and the delivery of on-site support services to youth in residential care; and identify leaders and champions to facilitate ongoing networking to expand and enhance program services for this vulnerable population of youth;
- (5) Securing authentic input from youth accessing services, staff providing services, and community members/agencies, provided valuable information for envisioning and redesigning the facility. Refer to the following documents attached to this application
 - Space Considerations Voice of Youth and Staff for Green Avenue
 - Letters from Community Entities
 - Letters from Other Social Service Providers
 - Letters from Woodbury County Law Enforcement Officers and Fire Rescue Personnel
- (6) Administering the Collaborative Values Inventory (CVI) in the Fall 2024 to support the work for measuring and assessing community needs related to the proposed project. The CVI Tool is a neutral and anonymous questionnaire that assesses the prevalence of shared ideas and values across groups of professional disciplines. There were 56 responses to this 46-item questionnaire that identifies underlying issues that might be raised throughout the collaborative's work conducted by Crittenton Center and community agencies. The CVI results support the need for Crittenton Center to continue to build partnerships within the community to enhance program service to system-involved and homeless youth. A summary is included as an attachment to this application.

Due to the strategic and intentional planning by the Board of Directors, CEO, and Leadership Team, Crittenton Center has been able to not only maintain beds but increase the number of

Crittenton Center – CDBG Narrative Attachment May 2025 Page 5 of 10

youth beds; increasing from 20 beds (2022) to 30 beds (Fall 2025). Refer to Attachments for Letter by Iowa Health and Human Services regarding a decline in the youth shelter beds in Iowa.

Additional documents are provided as attachments to this application to further illustrate data reviewed as part of the planning and reenvisioning process for the proposed application: Data Dashboard/Annual report information for numbers served, Youth Dream Pages, and CVI summary

Describe the organization that will operate the facility or service. List key individuals who will be responsible for the day-to-day operations and provide specific information regarding their experience and ability.

The below provides additional information on Crittenton Center, the organization that will operate the facility and services, as well as additional bio information on the individuals who will be responsible for the day-to-day operations.

Programs and Services: The following narrative provides a brief overview of the current programs and services offered by Crittenton Center, highlighting experience with the target population:

- a. Childcare/Preschool Centers provide quality affordable preschool and care for children 0-12 in six locations in Siouxland, four of which are located in Woodbury County, preparing the little ones for success in school. The program also accepts emergency foster care placements for children with behavioral health conditions on a routine basis. Currently, we hold contracts with Wells Enterprises (Wells Blue Bunny) for employee childcare slots.
- b. Crittenton Center's Resource Center provides family development, education and support to parents that assists in generational change and prevents abuse, neglect, and abandonment.
- c. Supervised Apartment Living (SAL) Program supports homeless or near homeless foster-care youth ages 16.5-21 years with behavioral health conditions and with no safe family to live with. The program aims to support youth with completing their high school education and preparing them to live on their own through the development of life skills (budgeting, shopping, meal prep, vocational experiences, etc.)
- d. Transitional Therapeutic Home (TTH) is an emergency shelter for children birth to age 18 that provides a temporary safe place for youth with behavioral health conditions who have experienced severe trauma, abuse, and neglect and have no safe home to reside.

Highlights of Key Accomplishments by Crittenton Center:

- Visionary and committed Board of Directors and Senior Leadership Team.
- History of providing Shelter/Residential Services, including "what works", and therefore has a realistic awareness of the challenges related to recruiting and maintaining a high-quality workforce and strategies for working with youth with complex behavioral health needs.

Crittenton Center – CDBG Narrative Attachment May 2025

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- History of strong working relationships with the Iowa Health and Human Services (HHS), Juvenile Court Services (JCS), and law enforcement.
- Due to recent grant awards, minor renovations have occurred to enhance the physical facility of the current youth shelter, to make it a more trauma-informed physical space: redesign of some interior rooms to provide increased opportunities for family engagement, creating a therapeutic art room, adding special feature to make the entrance more welcoming, designated quiet spaces for children to decompress, and redesigning outdoor space to facilitate expanded recreation, social and leisure activities.
- Redesigning the model of care provided to youth and their families under two divisions: Child Welfare and Well-Being Services Division and Child and Family Development Services Division.
- In the Fall of 2022, the agency began implementing new evidenced based programs as part of the Child Welfare and Well-Being Services Division: (1) Attachment, Self-Regulation, and Competency (ARC), (2) Therapeutic Supervised Visitation, (3) Cognitive Behavioral Therapy (CBT) Modalities and (4) Motivational Interviewing. To meet the unique needs of youth and families served by project interventions, specialized CB therapies-Cognitive Behavioral Therapy (CBT), Trauma-Focused CBT (Complex Trauma), Mindfulness-Based Cognitive Therapy (Native Population), and the Teaching Family Model (TFM)-are being implemented. In 2024-2025, additional EBPs are being implemented to support treatment street outreach services for working with homeless youth: (1) Youth Mental Health First Aid (MHFA); (2) SOAR (Stop, Observe, Act, and Report; and (3) Screening, Brief Intervention, and Referral to Treatment (SBIRT).
- Awarded a Child Welfare Emergency Services (CWES) contract from Iowa HHS in the Fall of 2021 to reopen the emergency youth shelter (Transitional Therapeutic Home-TTH), January 1, 2022.
- In February 2023, the agency received a four-year national accreditation with the Council on Accreditation (COA) for all program services.
- Awarded four federal grants (brief description provided in the following narrative) to enhance and expand program services to youth at risk and/or experiencing homelessness:

Administration for Children Youth and Families (ACYF), Children's Bureau-Regional Partnership Grant: September 30, 2022 – September 29, 2027. This five-year grant was funded at \$600,000 per year. The purpose of the RPG project is to provide enhanced supervised contact in the congregate care setting of an emergency youth shelter with biological family, fictive kin, and/or foster families through the use of therapeutic supervised visits, mental health and/or substance abuse counseling and services, psychiatric care including medication management, care management, and assistance to families with referrals and services, and follow-up care.

<u>SAMHSA-Mental Health Awareness Training (MHAT) grant</u>: September 30, 2023 – September 2026. This three-year grant was funded at approximately \$200,000 per year. The purpose of the grant is to enhance partnerships and train individuals from childfamily serving systems in western Iowa to recognize the signs and symptoms of mental

Crittenton Center – CDBG Narrative Attachment May 2025

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disorders, how to safely de-escalate crisis situations involving individuals with a mental illness and to provide education on resources available in the community for youth with a mental health disorder.

<u>SAMHSA-Grants for the Benefit of Homeless Individuals (Short Title: GBHI)</u>: September 30, 2024 – September 29, 2029. This five-year grant was funded at \$500,000 per year. The purpose of this funding is to provide comprehensive, coordinated, and evidence-based treatment and services for individuals, including youth, and families with substance use disorders (SUDs) or co-occurring mental health conditions and SUDs (CODs) who are experiencing homelessness.

Administration for Children and Families (ACF), Family and Youth Services Bureau (FYSB), Runaway and Homeless Youth Program (RHY): 2024 Street Outreach Program (SOP): September 30, 2024 – September 2027. This three-year grant was funded at \$150,000 per year. The Street Outreach Program (SOP) funding is intended to provide prevention and intervention services to reduce sexual abuse of youth who have left home due to family conflict or other crisis, youth who are experiencing homelessness, and youth living on the street, and connects youth to safe and stable housing and other resources.

• Working with local community partners in Le Mars (Plymouth County) and Orange City (Sioux County), expanded childcare services into these two respective communities. These centers are licensed to serve 217 and 329 children respectively.

Governance and Leadership: Crittenton Center has a history of support from some of the most prominent community leaders in our area. An all-volunteer, 16-member *Board of Directors* provides invaluable support and guidance to Crittenton Center and are committed to providing some of the most vulnerable youth in Iowa with high quality services and support. The Senior Leadership Team offers a wealth of experience and expertise in providing services to children, individuals, and families in Siouxland, including working with the target population, facilitating new program start-up, and managing grant funded projects. Under the leadership of Kim Scorza, LMSW, MSW, Chief Executive Officer, current members of the Leadership Team include Beau Sudtelgte, Ed.D, PHR, SHRM-CP, Vice President for Finance and Administration; Erika Fuentes, Vice President for Children and Family Services, and Christina Eggink-Postma, Vice President of Community Engagement and Development.

Bios of Leadership: Joining Crittenton Center in the Summer of 2021, *Kim Scorza, Chief Executive Officer*, has been directly involved in the social work field for over 35 years in northwest Iowa. She has experience managing grants and contracts ranging from \$100 to \$4 million including two CDBG at Seasons Center for Behavioral Health in Spencer, Iowa. She holds a Bachelor of Arts degree in Social Work from Northwestern College in Orange City, Iowa and a Master of Social Work degree from the University of Iowa. Scorza is a Licensed Master Social Worker (LMSW) in the State of Iowa. She will assume overall responsibility for fiscal and program oversight of the grant and serve as the contact person. *Beau Sudtelgte, VP for Finance and Administration* has been employed at Crittenton Center since November 2022. He oversees the financial health and fiscal responsibilities of the agency, including managing

Crittenton Center - CDBG Narrative Attachment May 2025

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multiple county, state, and federal grants, and contracts. He has a BS in Business Administration from Morningside (College) University, MA in Management from Briar Cliff University, and Educational Doctorate in Interdisciplinary Leadership from Creighton University and 15 years of experience working in the field. He will oversee the procurement process, bid-letting, purchasing of equipment, materials, and supplies and other key fiscal responsibilities funded by this grant and provide necessary financial receipts and reports. Erika Fuentes, VP for Children and Family Services, oversees the programing for both child/youth divisions operated by the agency: Child Welfare and Well-Being Services Division and Child and Family Development Services Division, ensuring services are trauma-informed with a focus on evidence-based interventions using an equity lens. She was instrumental in securing the COA accreditation and is a recognized leader and advocate for children's services in Siouxland and across the State. In March 2021, she was appointed to Iowa Governor, Kim Reynolds, Childcare Task Force. She will ensure the design elements of this project are trauma-informed and evidence-based, as well as ensure the design elements meet accreditation, licensure, and other contract requirements. Christina Eggink-Postma VP of Community Engagement and Development has been with Crittenton Center since March 2024. She has worked in the human services field for over 20 years and has extensive experience managing multiple federal, state, and local grants and agency compliance with state and federal regulations. She has prior experience working with two CDBG projects secured by Seasons Center for Behavioral Health in Spencer, Iowa. She will support the implementation of grant-related activities and related reporting.

Employees and Volunteers: The professional workforce at Crittenton Center includes 236 dedicated and caring employees (as of March 17, 2025), growing from a workforce of just 84 employees in January of 2021, with turnover rate of just 3.59% during the past quarter (October 2024 – December 2024). These individuals have a wealth of education, experience, and passion for working with children, youth, and families within Siouxland, ensuring services are individualized, family-friendly, and culturally responsive. During 2024, over 1,000 hours of volunteer service were donated to the agency. Volunteer services included helping host agency events, securing, and delivering donated items to youth and families, assisting with agency facility updates and minor renovations, and providing education and training to clients and staff, to name a few.

What is the potential economic/community development impact of the project on the area?

The below narrative provides additional information on Crittenton Center's approach to caring for homeless youth seeks to end youth homelessness and foster hope for the children and youth served.

As previously stated, our common mantra at the Crittenton Center is, *Better Care for Today's Youth Means Better Outcomes for Tomorrow's Adults*. We believe that care for children is a long-term investment into the most important foundation...their lives! Building up for success means more than what kind of job you can get or how much money you can make. It means learning to love, having self-worth, wanting to take risks and adventure, finding joy in everything, and knowing it's okay to make mistakes. We celebrate their accomplishments, cheer on their journeys, and embrace them when they need love.

Crittenton Center – CDBG Narrative Attachment May 2025 Page 9 of 10

Through our Transitional Therapeutic Home (TTH) youth homeless shelter, we provide muchneeded services for youth who are faced with complex trauma, substance use disorders, behavioral disorders, and other mental health needs.

The mental, physical, and psychosocial needs of our youth are a top priority. We provide on-site education with certified teachers who host a curriculum, allowing students to explore, learn quickly, and take risks. When not in school, youth participate in activities and outings that are fun to attend and provide life-skill-building and emotional regulation. Those needing a little extra TLC are referred to local Behavioral and Mental Health Counseling service providers to assist with deeper complexities. As community need for services for homeless youth and youth at-risk for homelessness continue to escalate, the capacity to meet these demands is hindered by lack of appropriate space to provide trauma-informed services to address the living, learning, social, and emotional needs of the youth in our care.

Who will be the project beneficiaries?

As noted in the application, The target population is runaway and homeless up to the age of 18 who are currently in the care and custody of the Iowa Department of Health and Human Services, Iowa Juvenile Court Services, and/or law enforcement. Children come from across the State of Iowa; in 2024 66% of children served were from outside of Sioux City.

- a. Number of youth served increased each year: 95 in 2022 to 120 in 2024
- b. Proportion of young children (<14 years old) increased: 34% in 2022 to 40% in 2024
- c. Average length of stay increased each year: 76 days in 2022 and 105 days in 2023
- d. The number of youth homeless shelters in Iowa has been decreasing each year, with 16 youth shelters in 2021 and only seven (7) shelters remaining as of the end of March 2025.

Woodbury County BOS Public Hearing re: CDBG Application

• May 20, 2025, at 4:35 p.m. at Woodbury County Courthouse Basement, 620 Douglas Street, Sioux City, Iowa

1. How the need for the activities was identified:

- a. The current physical facility, housing the Transitional Therapeutic Home (TTH) was built in the 1970s, previously serving as a nursing home, and therefore the physical design of the space is outdated and worn, presents challenges for addressing the trauma needs of youth, and limits the number of youth that can be served by the programs.
- b. The client mix of youth served by the TTH has been changing over the years, and TTH is now serving a younger and younger population.
- c. Children in and exiting foster care are at increased risk of homelessness, which carries additional risks including human trafficking
- d. Overall decline in shelter beds across the state of Iowa
- e. Children served by the child welfare system have experienced significant trauma
- f. Strategic Planning to address the above needs:
 - 1) Review of agency data and information
 - 2) Review of demographic trends including a decrease in average age of youth and an increase in average length of stay
 - 3) Review of past and emerging research regarding evidence-based programs and best practices to guide facility design to address youth trauma
 - 4) Researching and visiting other residential programs within lowa and across the nation to secure information on best practices
 - 5) Input from youth accessing services, staff providing services, families and caregivers working with youth, and community members/agencies
 - 6) Administering the Collaborative Values Inventory (CVI) in the Fall 2024 to support the work for measuring and assessing community needs related to the proposed project. how the proposed activities will be funded and the sources of funds
- g. Community Development and Housing Needs Assessment
- 2. **Funding of the proposed activities and the sources of funds:** The CDBG grant will be submitted requesting \$600,000 for the approximately \$1.2 million dollar project. Other funding has been and/or will be secured through donors, grants, HHS, and foundation dollars secured by Crittenton Center.
- 3. Date the CDBG application will be submitted: The grant will be submitted on or before June 30, 2025.
- 4. Requested amount of federal funds: \$600,000 in CDBG grant funds will be requested.
 - a. Estimated portion of federal funds that will benefit low- and moderate-income **persons:** As the project is for a homeless shelter for youth, the estimated portion of federal funds that will benefit low-to moderate income (LMI) individuals is 100%.

- 5. Location of proposed activities: The proposed activities will occur at Crittenton Center's campus at 3901 Green Ave, Sioux City, IA 51106.
- 6. Plans to minimize displacement of persons and businesses resulting from funded activities: Due to the nature of this project, no persons or businesses should be displaced as a result of funded activities.
- 7. **Plans to assist persons actually displaced:** In the event that persons or businesses are displaced as a result of the recommended project, the entities involved in the project will adhere to the requirements of the Uniform Relocation and Acquisition Act of 1974, as amended.
- 8. The nature of the proposed activities. The purpose of the proposed CDBG funding is for Crittenton Center to make renovations and improvements to the Transitional Therapeutic Home (child welfare emergency shelter) located at 3901 Green Ave, Sioux City, IA 51106. Renovations will include the addition of a shower/restroom space, updated flooring throughout the facility, updated security features, kitchen updates and exterior upgrades.

FEDERAL ASSURANCES SIGNATURE PAGE

I, _____, (applicant official) hereby certify that in carrying out the activities funded under the CDBG Program, the City/County of _____:

- A. will minimize displacement of persons as a result of such activities;
- B. will conduct and administer the program in conformity with Public Law 88-352 (Title VI of the Civil Rights Act of 1964), and Public Law 90-284 (Title VIII of the Civil Rights Act of 19687) and will affirmatively further fair housing);
- C. will provide for opportunities for citizen participation, hearings, and access to information with respect to our community development program comparable to the requirements found under sections 104(a)(2) and 104(a)(3) of Title I of the Housing and Community Development Act of 1975 as amended through 1987; and
- D. will not attempt to recover any capital costs of public improvements assisted in whole or part under the CDBG Program by assessing any amount against properties owned and occupied by persons of low and moderate income, including any fee charged or assessment made as a condition of obtaining access to such public improvements, unless (i) funds received under the CDBG Program are used to pay the proportion of such fee or assessment that relates to the capital costs of such public improvements that are financed from revenue sources other than under Public Law 93-383, as amended, or (ii) for purposes of assessing any amount against properties owned and occupied by persons of low and moderate income who are not of very low income, the city/county has certified to the State that it lacks sufficient funds received under the CDBG Program to comply with the requirements of clause (i) above.

I also certify that to the best of my knowledge and belief, data in the application is true and correct, including commitment of local resources; the document has been duly authorized by the governing body of the applicant; and the applicant will comply with all applicable federal and state requirements, including the following, if assistance is approved:

- A. Civil Rights Acts;
- B. Housing and Community Development Acts of 1974, as amended;
- C. Age Discrimination Act of 1975;
- D. Section 504 of the Rehabilitation Act of 1973;
- E. Davis-Bacon Act, as amended, where applicable under Section 110 of the Housing and Community Development Act of 1974, as amended; Contract Work Hours and Safety Standards Act; the Copeland Anti-kickback Act; the Department of Defense Reauthorization Act of 1986 and the Fair Labor Standards Act.
- F. National Environmental Policy Act of 1969 and 24 CFR 58 (Environmental Review).
- G. Uniform Relocation Assistance and Real Property Acquisition Policies Act of 1970, as amended;
- H. State of Iowa Citizen Participation Plan;
- I. Lead-based Paint Poisoning Prevention Act;
- J. Residential Anti-displacement and Relocation Assistance Plan;
- K. Government-wide Restriction on Lobbying and the Hatch Act; and
- L. Prohibition on the Use of Excessive Force.

Typed Name of Applicant Official

Signature

Date