

WOODBURY COUNTY BOARD OF SUPERVISORS PROCLAMATION

Resolution No. 13,587

May is National Mental Health Month

WHEREAS, mental health is essential to everyone’s overall physical health and emotional well-being and

WHEREAS, surroundings can impact if, how, and when a person’s needs are met, which in turn affects mental health; and

WHEREAS, there is a need to recognize that mental illness affects the lives of many of our citizens and residents of all ages and sectors; and

WHEREAS, mental illness will strike one of four adults; and about two in ten children live with a serious mental or emotional disorder regardless of race, ethnicity, religion or economic status; and

WHEREAS, people who have mental illnesses can recover and lead full productive lives and with the help of Siouxland Mental Health Center, designated as the community mental health center in Woodbury County; and

WHEREAS, an estimated two-thirds of adults and one half of children with diagnosable mental health disorders are not receiving the help they need; and

WHEREAS, stigma continues to be the single most significant barrier to people getting the help they need; and

WHEREAS, mental health awareness helps individuals avoid the significant consequences of untreated anxiety, depression and stress; and

WHEREAS, the cost of untreated and mistreated mental illnesses and addictive disorders to American businesses, governments and families continues to grow; and

WHEREAS, disparities in mental health can be reduced by improving community outreach and engagement which ensure competent care for diverse communities; and

WHEREAS, positive mental health fosters self-esteem, and promotes personal happiness and effectiveness; and

WHEREAS, good mental health helps prevent community violence, abuse and family instability; and;

WHEREAS, the Woodbury County Supervisors observes Mental Health month every May to raise awareness and understanding of mental health and illness.

THEREFORE, I Matthew Ung, do hereby proclaim May 2023 as Mental Health Month in Woodbury County, Iowa. As Chairman, I also call upon the citizens, government agencies, public and private institutions, businesses, and schools of Woodbury County, Iowa to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

DATED: this 2nd day of May 2023.

ATTEST:

Michelle K. Skoff, Deputy
Patrick E. Gill
Woodbury County Auditor
And Recorder

WOODBURY COUNTY BOARD OF SUPERVISORS

Matthew A. Ung
Matthew A. Ung, Chairman