

WOODBURY COUNTY VETERAN AFFAIRS

Welcome to the Summer edition of the Woodbury County Commission of Veteran Affairs newsletter! As we enjoy the longer days and opportunities to gather with family and friends, we're pleased to share another quarterly update with the Veterans, service members, and families of Woodbury County.

In this edition, you'll find important information about Veterans' benefits, office updates, community resources, and a variety of upcoming events taking place throughout the summer. We encourage you to take a look at our calendar and make note of the events we'll be hosting and attending. We'd love the opportunity to connect with you, answer your questions, and see you out in the community.

Thank you for your continued trust in our office. It is our privilege to serve those who have served our nation and their families. We hope you enjoy this edition, find it informative, and remember that our team is here to assist you whenever you need us. Have a safe, enjoyable, and memorable summer. We encourage you to contact us if you have questions or need assistance.



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**Please make an
appointment.**

WEBSITE:

**[HTTPS://WWW.WOODBURYCOUNTY
IOWA.GOV/VETERAN AFFAIRS/](https://www.woodburycountyia.gov/veteran-affairs/)**

FACEBOOK:

**[HTTPS://WWW.FACEBOOK.COM/W
OODBURYCOUNTYVA](https://www.facebook.com/woodburycountyva)**

Veteran Affairs News!

WOMEN VETERANS

Women are the fastest-growing groups within the Veteran population. While their service is diverse and invaluable, many face distinct mental health challenges often shaped by their military experiences, transition to civilian life, and the blance of family, career, and identity after service.

Women Veterans may experience higher rates of :

- Depression and anxiety
- Post-traumatic stress disorder (PTSD)
- Military sexual trauma (MST)
- Feelings of isolation or difficulty connecting with other Veterans

These challenges are real, but so is the support available.

- **U.S. Department of Veterans Affairs - Women Veterans Health Care-** Provides comprehensive mental health services, including counseling, trauma recovery, and specialized care for MST. Access local care through the VA Health Care System.
- **VA Women Veterans Call Center-** Call or text **1-855-VA-WOMEN (1-855-829-6636)** for help accessing benefits, care, and local resources.
- **Veterans Crisis Line-** Dial **988**, then press 1, or text **838255** for 24/7 confidential support.
- **Make the Connection-** A powerful online resource where Veterans share real stories and find pathways to support.
- **Give an Hour-** Connects Veterans and their families with free mental health services from licensed providers.

VETERAN PENSION RATES 2026

Do you qualify for a Veterans Pension?

Many Veterans of wartime service are completely unaware of the fact that if they are 65 or older and on a limited income, they may qualify for a Department of Veterans Affairs pension without being disabled.

You may also qualify for a Veterans Pension if you are a wartime veteran with a limited income and you are no longer able to work.

Veteran Affairs News Continued...

Veterans Pension Eligibility

You may qualify for a Veterans Pension if:

- You were discharged from service under other than dishonorable conditions AND
- You served 90 days or more of active duty with at least one day during a period of wartime, or:
- You are permanently and totally disabled or are age 65 or older.

You also must have limited income and a limited net worth or assets to qualify for a VA pension. Net worth includes your and your spouse's assets and annual income. When you apply for Veterans Pension benefits, you'll need to report all of these assets and income. The 2026 asset limit for VA pension is \$163,699.

2026 VA Pension Income Limits (Effective Dec. 1, 2025)

If you are a...	Your yearly income must be less than...
Veteran with no dependents	\$17,441
Veteran with a spouse or a child	\$22,839
Housebound veteran with no dependents	\$21,313
Housebound veteran with one dependent	\$26,710
Veteran who needs aid and attendance (A/A) and has no dependents	\$29,093
Veteran who needs A/A and has one dependent	\$34,488
Two Vets Married to Each Other	\$22,839
Add for Each Additional Child to any category above	\$2,984

Veteran Affairs News Continued...

Some income is not counted toward the yearly limit (for example, welfare benefits, some wages earned by dependent children, and Supplemental Security Income). It's also important to note that your medical-related expenses are considered when determining your yearly family income.

VA Payment Rates

VA pays you the difference between your countable family income and the yearly income limit which describes your situation (see chart above). This difference is generally paid in 12 equal monthly payments rounded down to the nearest dollar.

VA Pension Payment Example

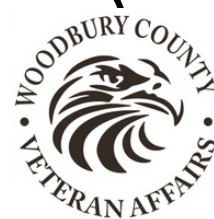
Joe (a single veteran) has an annual income of \$5,000 and no assets. His annual income limit is \$17,441. To determine Joe's pension, subtract his annual income of \$5,000 from the \$17,441 income limit, which gives him an annual pension rate of \$12,441. This translates into a monthly pension check of approximately \$1,036.75.

Apply for VA Pension Benefits

You can apply online through [VA's website](#) or contact your County Veterans Service Officer.

Upcoming Events

- **July 15 - Correctionville Town Event**
- **July 22 - Lawton Town Event**
- **Aug 4 -9 - Woodbury County Fair**
- **Sept 7 - Office Closed (Labor Day)**



American Legion: 515-323-7532
VA Benefits Hotline: 1-800-827-1000
QTC: 1-800-682-9701
VES: 877-637-8387
Optum Serve/LHI: 866-933-8387
Sioux City CBOC: 605-232-2800
Sioux Falls VA Hospital: 1-800-316-8387



U.S. Department
of Veterans Affairs

Veterans in Suicidal Crisis

The VA will provide, pay for, or reimburse emergency care for certain veterans and individuals, for ambulance transportation costs, follow-on inpatient, or residential care related to the event for up to 30 days and outpatient care for up to 90 days, including social work. Inform the emergency care provider to report your emergency treatment to the VA Centralized Emergency Care Reporting Center as soon as possible after your treatment starts by using the VA Emergency Care Reporting portal or calling the VA 72-Hour Notification Hotline at 844-72-HRVHA (844-724-7842).

Military dates to remember:

July

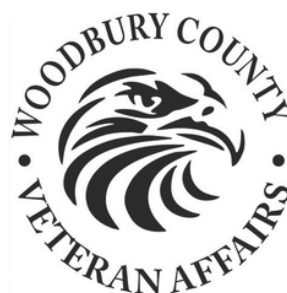
- 4- Independence Day
- 27- Korean War Veterans Armistice Day
- 29- Anniversary of the Army Chaplain Corps

August

- 4- Coast Guard Birthday
- 7- Purple Heart Day
- 8- Victory over Japan Day
- 29- Marine Forces Reserve Birthday

September

- 11- Patriot Day
- 18- Air Force Birthday
- Third Friday- POW/MIA Recognition Day
- Last Sunday- Gold Star Mother's and Family's Day



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