

WOODBURY COUNTY BOARD OF SUPERVISORS AGENDA ITEM(S) REQUEST FORM

Date: 8/22/2022

Weekly Agenda Date: 8/30/2022

ELECTED OFFICIAL / DEPARTMENT HEAD / CITIZEN: Sheila Martin-Citizen

WORDING FOR AGENDA ITEM:

Siouxland Mental Health Center-Qualified Bank Loan

ACTION REQUIRED:

Approve Ordinance

Approve Resolution

Approve Motion

Public Hearing

Other: Informational

Attachments

EXECUTIVE SUMMARY:

Siouxland Mental Health Center is the designated community mental health center for Woodbury County. SMHC applied for Governor Reynolds Non Profit Innovation Fund on 7/11/2022 to purchase and remodel a property in Sioux City to expand child and adolescent mental health services. Regardless if SMHC receives Innovation Grant funds or not, SMHC wants to pursue the purchase and remodel of the property located at 4265 Sergeant Rd, Sioux City, Iowa. SMHC is providing information only to pursue a qualified bank loan through Woodbury County with a maximum amount of \$3.7 million.

BACKGROUND:

SMHC provides a comprehensive range of mental health services for the evaluation and treatment of people of all ages experiencing mental illness, individual or family emotional distress, and overwhelmingly stressful circumstances. SMHC was founded in 1969 to address the unmet mental health needs in the community. This includes populations most affected by access barriers such as low-income uninsured, underinsured, and underserved. While these populations remain a priority, SMHC continues to serve its mission to provide a difference in the lives of individuals and families affected by mental illness and emotional distress.

During FY 2021, SMHC served 1,079 unique youths with Serious Emotional Disturbance, and 3,621 adults with Serious Mental Illness, a 110% increase over FY 2020. In 2021, SMHC had 2,138 new patients in comparison to 1,286 in 2020 -- a 166% increase. Statistics show that 2022 is on pace to surpass that, with 115% growth in January-March compared to the same period.

SMHC plans to purchase/renovate an 8,997 square foot building to create a mental health clinic for children and adolescents. The building is easily accessible with ample parking. SMHC will move all services and programs for children and adolescents to the clinic. This will allow us to serve more children and adolescents and create a safer child and youth-friendly environment than allowed by our current office in downtown Sioux City that serves clients of all ages. The new Siouxland Mental Health Child and Adolescent Clinic (SMHCC) will allow us to connect with children and adolescents in expanded and creative ways to provide 20+ types of therapeutic services that are evidence-based or promising practices to enhance youth well-being. This work is imperative, given that 2022 County Health Rankings found Woodbury County (WC) was one of Iowa's unhealthiest counties, ranking 83rd in health outcomes and 85th in health factors out of 99. The 2021 Iowa Youth Survey found that 34% of WC 6th graders, 38% of 8th graders, and 37% of 11th graders reported that in 2020, they felt sad or hopeless almost every day for two weeks or more in a row and stopped doing usual activities. Between 20 and 25% of the same groups thought about suicide, 47-58% made plans to attempt suicide, and 23-35% attempted suicide.

FINANCIAL IMPACT:

While we all have emotional ups and downs caused by everyday stress, approximately 1 in 4 people experience a mental health condition. If left unattended, poor mental health can have far-reaching implications — not only for individuals and their families, but also for their employers, school personnel, our community, jails, and hospitals.

According to a 2018 study by the American Heart Association, companies lose \$17,241 per year in incremental healthcare and productivity costs for each person with major depressive disorder. In addition, statistics show that individuals with mental health issues can have a significant impact on job performance, school performance, lack of focus, lower productivity, and more missed days of school and work.

This expansion is critical for the Siouxland Community and Woodbury County considering Woodbury County is one of the unhealthiest counties in Iowa. According to the recent 2022 County Health Rankings, Woodbury County ranked 83rd in health outcomes and 85th in health factors out of 99 counties. Other significant findings of this report included 13% reported frequent mental distress, 22% reported excessive drinking, 32% reported insufficient sleep, and there were 3,668 preventable hospital stays. For more information about the latest county health rankings, please visit <https://www.countyhealthrankings.org>.

IF THERE IS A CONTRACT INVOLVED IN THE AGENDA ITEM, HAS THE CONTRACT BEEN SUBMITTED AT LEAST ONE WEEK PRIOR AND ANSWERED WITH A REVIEW BY THE COUNTY ATTORNEY'S OFFICE?

Yes No

RECOMMENDATION:

Please recommend SMHC for a qualified bank loan through Woodbury County to expand child and adolescent mental health services in Woodbury County and Rolling Hills Region.

ACTION REQUIRED / PROPOSED MOTION:

Information Only